

Premier Calcium Magnesium Plus

Premier Minerals for Whole Body Support**



(Available in two sizes)

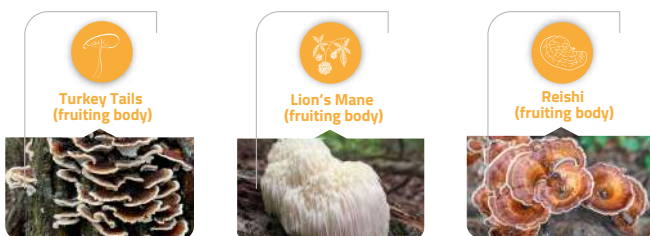
Build your strongest musculoskeletal system with Premier Calcium Magnesium Plus. Calcium and magnesium are essential minerals that participate in numerous physical functions. They strengthen your teeth and bones and support your cardiovascular and athletic performance. Magnesium also helps to regulate the levels of calcium and other nutrients in your blood, including copper, zinc, potassium, vitamin D.

You can get calcium and magnesium from your diet, but research indicates that more than 40% of people in the U.S. do not meet the recommended daily intake for calcium in their diet and over half do not get sufficient magnesium from food alone.

Taking calcium and magnesium supplements has been linked with reduced risk for bone fractures, improved sleep, and enhanced muscle function. But not all calcium-magnesium supplements are made equal. Research indicates that taking too much calcium with too little magnesium or too much magnesium with too little calcium is linked with risk for chronic diseases including heart disease and metabolic syndrome. Premier Calcium Magnesium Plus offers an optimal 2:1 ratio of calcium to magnesium for maximum health benefits while maintaining mineral homeostasis.

Premier Calcium Magnesium Plus is also a conscientiously sourced product. Both our calcium and magnesium are naturally derived from Sango marine coral, sustainably harvested from the pristine waters surrounding the Japanese islands.

Botanical Blend



Benefits

- Promotes bone health and may counteract bone density loss.*
- May support relaxation and healthy sleep.*
- Contributes to optimal cardiovascular and athletic performance.*

Highlights

- Delivers an optimal 2:1 ratio of calcium and magnesium sourced from Sango marine coral minerals.
- Nutritionally enhanced with Corio-TriBlend™, a full spectrum botanical blend of three potent mushrooms: turkey tail, lion's mane, and reishi.
- Sustainably harvested from pristine ocean water off the islands of Japan.

Recommended Use

- Take 3 capsules daily with food or use as directed by a health professional.

Scan to View Product Pages:

90 Capsules



300 Capsules

