

Longevity Kits

Discover How Your Genetics Influence Your Body

Premier Basic & Advanced Longevity Panel Reports



Who We Are

Premier Research Labs, in partnership with ExtendingME, is a comprehensive and personalized genetics laboratory, specializing in longevity support.

We use advanced methylation testing, metabolic biomarker testing, and comprehensive epigenetic testing with quarterly follow-ups to monitor and enhance patient progress.

What We Offer

At Premier Research Labs, we offer our Premier Longevity Panels to provide a personalized health protocol based on your unique DNA.

These comprehensive genetic tests remove the guesswork, revealing how your genes influence wellness, metabolism, and biological aging.

With this insight, you will receive precise DNA-based recommendations to guide your personal health plan, including targeted, high quality supplements, so you can achieve true precision nutrition for life.

Benefits

- **Understand Your Genetic Health:** Know how your DNA affects wellness.
- **Personalized Nutrition & Lifestyle:** Optimize diet, metabolism & longevity.
- **Deliver Precision Nutrition for Life:** Personalized genetic PRL supplement report.
- **Effortless Test Management:** Easily manage and review your results in a simple online portal.

Features & Advantages

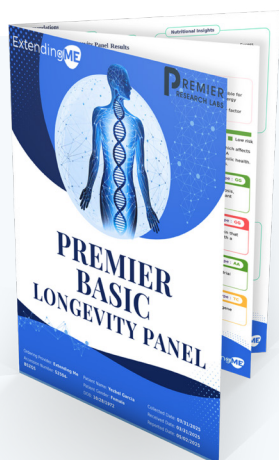
- **Comprehensive Health Blueprint:** Covers metabolism, aging, and cognitive health.
- **Precision Nutrition & Wellness:** DNA-based diet & lifestyle guidance.
- **Actionable Reports:** Easy-to-follow insights.

Service Aspects

- **3-4 Weeks Turnaround Time**
- **Seamless & Remote-Friendly Testing:** Premier Research Labs kits include all the necessary self-collection devices necessary to deliver real-time, data-driven healthcare solutions.

Basic Test Overview

- 66 SNPs under 63 genes and 7 traits assessed for comprehensive genetic health insights.
- Reveals genetic predispositions related to aging resilience, gut microbiome diversity, inflammation balance, cellular energy production, and overall longevity potential.
- Delivers precise, personalized recommendations.



Advanced Test Overview

- 57 SNPs under 50 genes and 10 traits assessed for comprehensive genetic health insights.
- Uncovers predispositions affecting cellular stress response, nutrient metabolism, hormonal balance, biological aging, and key micronutrient levels that influence healthy aging.
- Delivers precise, personalized recommendations.

